

MONDAY

PETITE/PRIMARY

TBA

JUNIOR

5:00-6:00 Junior
Contemporary (9-12)

6:00-7:00 Junior Pointe
Technique

7:00-8:00 Junior/Advanced
Company Rehearsal

ADVANCED

4:00-6:00 Advanced Ballet
Technique (13-21)

6:00-7:00 Advanced
Contemporary Technique

7:00-8:00 Junior/Advanced
Company Rehearsal

TUESDAY

PETITE/PRIMARY

4:00-5:00 Primary Ballet
Technique (6-8)

5:00-6:00 Primary Lyrical
(6-8)

JUNIOR

4:30-6:00 Junior Ballet
Technique

6:00-7:00
Stretching/Conditioning
(Junior/Advanced)

ADVANCED

4:30-5:45 Pas de Deux
(Partnering)

6:00-7:00
Stretching/Conditioning
(Junior/Advanced)

WEDNESDAY

PETITE/PRIMARY

JUNIOR

ADVANCED

4:15-5:30 Junior Ballet

4:30-5:30 Advanced Pointe

5:30-6:30 Junior Pointe
Technique

5:30-7:00 Advanced Ballet
Technique

THURSDAY

PETITE/PRIMARY

JUNIOR

ADVANCED

4:15-5:00 Petite Ballet (3-5)

5:30 - 7:00 Junior Ballet
Technique

4:30 - 6:00 Ballet
Technique Advanced

5:00-6:00 Primary Ballet
(6-8)

7:00 - 8:00
Stretching/Conditioning
(Junior/Advanced)

6:00 - 7:00 Pointe
Technique

6:15-7:15 Primary Jazz
(6-8)

7:00 - 8:00
Stretching/Conditioning
(Junior/Advanced)

FRIDAY

PETITE/PRIMARY

JUNIOR

ADVANCED

4:15-5:15 Junior Company
Rehearsal

4:15-5:15 Advanced
Contemporary

5:15-6:15 Jazz Technique

5:15- 6:15 Advanced Company
Rehearsal

SATURDAY

PETITE/PRIMARY

JUNIOR

ADVANCED

ADULT

9:15 -10:00 am
Petite Ballet

9:00 - 10:00 am
Elite Stretch

10:00 - 11:00 am
Elite Stretch

10:00 - 11:00 am Adult
Ballet &
Stretching/Conditioning

10:00 -11:00 am
Primary Ballet